



## NAME OF THE NEWSLETTER ??

*OCTOBER 2013*

### *What's Up...*

14th Annual Tea and Fashion  
Show October 26, 2013

Passport to Pampering  
Mercy Medical Center  
October 17, 2013 5pm – 7pm

### **Board Meetings:**

October 17, November 21 and  
December 19, 2013

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## **WELCOME TO DOUGLAS COUNTY CANCER SERVICES 1<sup>ST</sup> EDITION NEWSLETTER**

Douglas County Cancer Services (DCCS) is an all volunteer, non-profit organization dedicated to providing support and services for Douglas County residents who are dealing with a cancer diagnosis.

DCCS has been serving Douglas County since 1989 and is a sole entity governed only by its volunteer Board of Directors.

DCCS is funded solely through donations, grants and several fundraisers conducted throughout the year. All of the services offered are free to cancer patients, dependent upon available funding.

All funds raised stay in Douglas County to provide financial aid and reimbursement of costs associated with the diagnosis and treatment of cancer.

Volunteer opportunities are available. Contact Martha at 541-440-9409 for more information.

# NAME OUR NEWSLETTER

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This is our first newsletter for Douglas County Cancer Services (DCCS). We want to ensure survivors have information regarding DCCS i.e., volunteer opportunities, support group information and a variety of other information. Please feel free to submit any questions and/or information pertinent to DCCS to us at [dccancerservices@hotmail.com](mailto:dccancerservices@hotmail.com).

A contest is being held for naming our Newsletter! All survivors are invited to submit their idea for a name of the newsletter. Entries must be received via email at [dccancerservices@hotmail.com](mailto:dccancerservices@hotmail.com) prior to 4:00 pm on December 18, 2013. The winning submission will be selected by the DCCS Board of Directors at the December 19, 2013 meeting. A prize will be awarded to the winner. Let your creative juices flow!

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## October is Breast Cancer Awareness Month

The 14th annual Tea and Fashion Show which honors breast cancer survivors throughout Douglas County will be held Saturday October 26, 2013 at Seven Feathers Casino Resort.

This year's theme is "Girls Just Wanna Have Fun". This event focuses on early detection education, courage and perseverance in surviving breast cancer. The models for the fashion show are breast cancer survivors. The escorts of the models are daughters and daughter-in-law. Door prizes are given which local merchants donate to support this upbeat and positive event. The event also includes a light lunch.

The fashions are provided by JC Penney who is a strong supporter of breast cancer awareness. The models and the staff who participate are all volunteers. Also Seven Feathers Casino Resort has been a consistent and generous supporter of this event.

In addition to the tea and fashion show a raffle is held for quilts which are donated by local quilters.

Attendees are highly encouraged to wear hats to add a touch of elegance to an otherwise light hearted and upbeat affair. A "Best Hat" contest is also held.

Tickets may be purchased at Douglas County Cancer Services office in the Community Cancer Center and JC Penney, both in Roseburg; Sutherlin Drug in Sutherlin, Trueblood Real Estate in Myrtle Creek or Seven Feathers Casino Resort box office in Canyonville. Tickets are \$10.00 if purchased in advance or \$12.50 at the door. Seating is limited.

All funds raised from the event stay in Douglas County to provide financial aid and reimbursement of costs associated with treatment of breast cancer.

For more information contact Douglas County Cancer Services at 541-440-9409, see us on Facebook or visit the web site at [www.dccancerservices.com](http://www.dccancerservices.com)

## ***What We Do...***

*"Without the help of Douglas County Cancer Services, I would have had a much more difficult time through diagnosis and treatment"*

### ***A Grateful Patient***

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#### ***Where the Money Goes.....True Transparency***

*July 2013 - August 2013 (1<sup>st</sup> quarter)*

<i>The number of visits to DCCS</i>	<i>360</i>
<i>The number of patients receiving prosthesis</i>	<i>15</i>
<i>The dollar amount for nutrition</i>	<i>\$ 560.00</i>
<i>Gas cards to patients for transportation</i>	<i>\$2500.00</i>
<i>Financial aid to patients</i>	<i>\$2365.00</i>

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#### ***Featured Volunteer - Martha Spamanato***

Martha Spampanato is the lead volunteer at Douglas County Cancer Services.

Martha began working at the center in October 2010 and was named Volunteer Coordinator in March. Originally from Texas, Martha has worked in several different fields, all of which have allowed her to work with people one on one. She enjoys that aspect of her work at DCCS giving everyone the attention they deserve.

When not volunteering, Martha enjoys reading, sewing and spending time with her daughters and granddaughter. Thank you Martha, for all you do.

### **The Inside Story.....Liaison News**

Dodie Blessing, DCCS Board Chair attended the monthly liaison meeting with the Community Cancer Center. Paint the Town Pink was an insert which observes October as Breast Cancer Awareness Month, is produced by the News Review Newspaper, on Wednesday October 2<sup>nd</sup>. A car load of prosthesis and bras was recently donated to DCCS. The items were put in the survivorship clinic. Angelia Freeman with Southern Oregon SCREEN will occupy the recently vacated space of the American Cancer Society (ACS) which is located next to the DCCS office. Look Good Feel Better is an ACS service that will continue to be provided by Douglas County survivors.

### **DCCS SUPPORT GROUP NEWS**

The DCCS support group, originated and coordinated by DCCS Board Member Maudine Perry in 2007, provides support for cancer survivors. At the start of the support group, 52 members joined the group. Currently 32 members participate. Each month cards are sent to remind members of the upcoming meeting and a potluck is held every three (3) months. Refreshments are provided at each monthly meeting.

A variety of speakers requested by members have presented at the meetings. These speakers discuss numerous topics from nutrition to issues surrounding cancer treatment.

Members may also bring their families to the meetings and many do. The group sends get well cards and support each other with camaraderie. Doctors and Health Centers often refer patients to this support group as it is a positive experience for pre and post diagnosis.

Maudine is vested personally in the group and checks up on many of the members as to their health status. Maudine states "I do feel it helps for our members to discuss their issues with each other."

The group meets at 1:00 p.m. on the third Wednesday of each month at the Community Cancer Center. For more information, contact Maudine at 541-672-5960.

## ***Annual Christmas Dinner Boxes***

For a number of years DCCS has provided a complete Christmas dinner plus extras for cancer patients in treatment. DCCS receives a grant from the Ford Family Foundation for the food for the dinner boxes. The food boxes includes ham, potatoes, canned vegetables, jello, oatmeal, biscuits, cornmeal, gravy, pie mixes and fresh apples and oranges.

Including the food mentioned above, the basket also includes clothing for families with children. Provided are sweats or flannel shirts, scarves, mittens, and blankets for babies. Some cancer patients are unable to work while receiving treatment and are appreciative of the food and clothing provided for them.

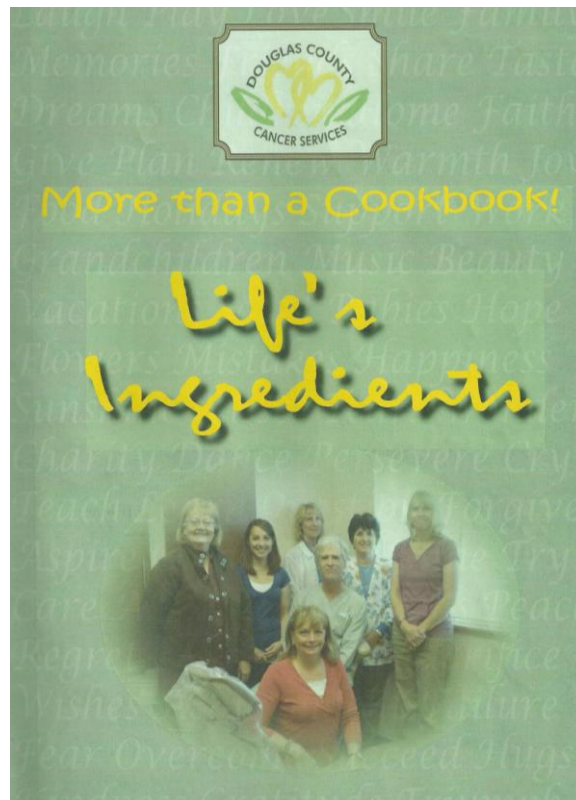
All services are provided to Douglas County cancer patients by DCCS, free of charge. The patients are specifically identified by their providers to receive the food baskets to assist them during their time of need. For patients who cannot eat solid food DCCS provides a case of Ensure which is a nutritional supplement.

DCCS receives donations from members of the community and volunteers help to purchase food, clothing & stuffed animals.

HUGE Thank You to Sherm's Thunderbird Market that donates 50-five (5) pound bags of potatoes and Sherm's staff does the shopping for the food boxes. Local churches donate blankets and scarves that are included in the baskets.

Volunteers assemble the and deliver the boxes to the patient's homes. If you are interested and able to assist with this worthwhile event, please call DCCS at 541-440-9409.





## **WE ARE PRINTING AGAIN!**

We have sold out of our first printing of the “Life’s Ingredients” Cookbook! If you are interested in submitting information for the next printing, please send us an email at [dccancerservices@hotmail.com](mailto:dccancerservices@hotmail.com) . We will need recipes and the form completed which can be found on our Facebook page!

You can submit the form and recipes with photos to the DCCS office at 2880 NW Stewart Parkway, Suite #202, Roseburg, OR 97471.



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## *HOLIDAY OPEN HOUSE*

*For Medical Offices*

*Thursday - December 5, 2013*

*5:00 pm - 7:00 pm*

*Community Cancer Center*

*Conference Room*

*For our Volunteers*

*Friday - December 6, 2013*

*3:00 pm - 5:00 pm*

*Community Cancer Center*

*Conference Room*



**Douglas County Cancer Services Board of Directors**

Chair	Dodie Blessing
Vice Chair	Maudine Perry
Secretary	Barbara Bennett
Treasurer	Jackie Barnett
Volunteer	
Coordinator	Martha Spamtanato
Members	Chris Coffman
	Ryan Boles
	Tim Blanke
	Shari Notenboom
	Sharon Carlson
	Rick Watkins

**Douglas County Cancer Services**

**2880 NW Stewart Parkway Suite #202**

**Roseburg, OR 97471**

**Email: [dccancerservices@hotmail.com](mailto:dccancerservices@hotmail.com)**

**Website: <http://dccancerservices.com>**

***Visit our Facebook Page!***